

Orange Coast College  
**FITNESS AND WELLNESS**  
 Career Education Programs

Program Name	Approximate Cost of Tuition for Complete Program	Program Length (Note: time varies depending number of units completed per semester)	For specific information about additional costs, please contact the Program Coordinator
Dance Instructor	\$851 - \$1,564	2-4 Semesters	Rachel Berman, <a href="mailto:rberman3@occ.cccd.edu">rberman3@occ.cccd.edu</a>
Athletics Coaching	\$828	2 Semesters	Guido Sendowsky, <a href="mailto:gsendowsky@occ.cccd.edu">gsendowsky@occ.cccd.edu</a>
Fitness Specialist	\$3,329	2 Semesters	Laura Behr, <a href="mailto:lbeh@occ.cccd.edu">lbeh@occ.cccd.edu</a>
Nutrition & Dietetics	\$5,000	22 Months	Elizabeth Blake, <a href="mailto:elake@occ.cccd.edu">elake@occ.cccd.edu</a>
Pilates Instructor	\$414	1 Semester	Rachel Berman, <a href="mailto:rberman3@occ.cccd.edu">rberman3@occ.cccd.edu</a>
Yoga Instructor Training	\$275	1 Semester	Ashley McKeachie, <a href="mailto:amckeachie@occ.cccd.edu">amckeachie@occ.cccd.edu</a>

**\*Program costs are approximations and are based on current \$46/unit for California residents.**

**\*The average length of time is based on a full time schedule of 12 units in fall and spring and 6 units in the summer.**