



**Author**

**Categories** Grill, Sandwiches

**Tools**

**Locations** STUDENT CENTER CAFE

**Plate/Store**

<b>Yield</b>	13	oz	<b>Prep</b>
<b>Portion</b>	13	oz	<b>Cook</b>
<b>Num Portions</b>	1		<b>Finish</b>
			<b>Shelf</b>

<b>Nutrition Facts</b>	
Serving Size 13 oz (369g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 550	Calories From Fat 210
% Daily Value	
<b>Total Fat</b> 23g	35%
Saturated Fat 8g	34%
<b>Cholesterol</b> 76mg	25%
<b>Sodium</b> 1192mg	50%
<b>Total Carbohydrates</b> 58g	19%
Dietary Fiber 8g	35%
<b>Protein</b> 27g	
Vitamin A 13%	Vitamin C 15%
Calcium 27%	Iron 28%

\* Percent Daily Values are based on a 2000 calorie diet.

**Nutrition Descriptors**

High in Calcium  
High in Iron  
High in Fiber  
High in Protein  
Good Source of Vitamin A  
Good Source of Vitamin C  
Good Source of Potassium  
Good Source of Carbohydrates

**Ingredients**

TORTILLA FLOUR 12IN, boneless chicken thighs, WATER, JACK/CHEDDAR SHREDDED, LETTUCE ICEBERG SHREDDED, SALSA FRESH MILD, BEAN PINTO, ONION, diced tomatoes, diced green chiles, chicken base, GARLIC PEELED, OIL VEGETABLE, SPICE SALT, CUMIN GROUND, CHILI POWDERs, OREGANO DRIED, PEPPER BLK GRND, CILANTRO FRESH, GARLIC GRANULATED, SPICE PEPPER CAYENNE