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ChefTec Software

Turkey Walnut Salad

Orange Coast College

Author
Categories Deli Made Sandwiches, Sandwiches
Tools
Locations STUDENT CENTER CAFE
Plate/Store

			Prep
Yield	13.01	lb	**Cook**
Portion	4	oz	**Finish**
Num Portions	52.03		**Shelf**

Nutrition Facts

Serving Size 4 oz (113g)
Servings Per Container about 52

Amount Per Serving

Calories 178 Calories From Fat 96

	% Daily Value
Total Fat 11g	16%
Saturated Fat 1g	6%
Cholesterol 29mg	10%
Sodium 1169mg	49%
Total Carbohydrates 3g	1%
Dietary Fiber 1g	4%
Protein 17g	

Vitamin A	1%	Vitamin C	4%
Calcium	2%	Iron	4%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Protein

Ingredients

roasted turkey breast, CELERYs, MAYONAISE HVY YOLK, WALNUT HALVESs, dried cranberries, JUICE LEMON, SPICE SALT, PEPPER BLK GRND