



Author

Categories Deli Made Sandwiches

Tools

Locations STUDENT CENTER CAFE

Plate/Store

Yield	8.38	oz	Prep
Portion	8.38	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size	8.4 oz (238g)
Servings Per Container	1
Amount Per Serving	
Calories 395	Calories From Fat 86
% Daily Value	
Total Fat 10g	14%
Saturated Fat 1g	5%
Cholesterol 35mg	12%
Sodium 1669mg	70%
Total Carbohydrates 46g	15%
Dietary Fiber 3g	15%
Protein 28g	
Vitamin A 6%	Vitamin C 13%
Calcium 1%	Iron 41%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Iron
High in Protein
Good Source of Vitamin C
Good Source of Potassium
Good Source of Carbohydrates
Good Source of Fiber

Ingredients

SOURDOUGH, TURKEY BREAST, TOMATO LOOSE MED, LETTUCE GREEN LEAF, RED ONIONS, MAYONAISE HVY YOLK, MUSTARD