



**Author**

**Categories** Grill

**Tools**

**Locations** STUDENT CENTER CAFE

**Plate/Store**

<b>Yield</b>	6	oz	<b>Prep</b>
<b>Portion</b>	6	oz	<b>Cook</b>
<b>Num Portions</b>	1		<b>Finish</b>
			<b>Shelf</b>

<b>Nutrition Facts</b>	
Serving Size	6 oz (170g)
Servings Per Container	1
Amount Per Serving	
<b>Calories</b> 309	Calories From Fat 156
% Daily Value	
<b>Total Fat</b> 17g	26%
Saturated Fat 7g	31%
<b>Cholesterol</b> 44mg	15%
<b>Sodium</b> 564mg	23%
<b>Total Carbohydrates</b> 25g	8%
Dietary Fiber 3g	11%
<b>Protein</b> 13g	
Vitamin A 9%	Vitamin C 8%
Calcium 13%	Iron 15%
* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrition Descriptors**

High in Protein  
Good Source of Calcium  
Good Source of Iron  
Good Source of Fiber

**Ingredients**

TORTILLA FLOUR 6IN, BEEF CHUCK GROUND BULK 80/20, JACK/CHEDDAR SHREDDED, LETTUCE ICEBERG SHREDDED, SALSA FRESH MILD, diced tomatoes, ONION, GREEN CHILI DICE, CHILI POWDERS, CILANTRO FRESH, SPICE SALT, CUMIN GROUND, GARLIC GRANULATED, PEPPER BLK GRND, OREGANO DRIED, SPICE PEPPER CAYENNE