



Author

Categories Grill

Tools

Locations STUDENT CENTER CAFE

Plate/Store

Yield	6	oz	Prep
Portion	6	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size	6 oz (170g)
Servings Per Container	1
Amount Per Serving	
Calories 255	Calories From Fat 71
% Daily Value	
Total Fat 8g	12%
Saturated Fat 2g	7%
Cholesterol 0mg	0%
Sodium 39mg	2%
Total Carbohydrates 42g	14%
Dietary Fiber 3g	14%
Protein 4g	
Vitamin A 0%	Vitamin C 49%
Calcium 2%	Iron 6%
* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

Sugar Free
Cholesterol Free
Low Sodium
High in Vitamin C
Good Source of Carbohydrates
Good Source of Fiber

Ingredients

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