

COAST CREW

NEWSLETTER

FALL 2007

Coast Returns to the IRA

As many of you many know, Coast sent their Men's Novice Crew to the IRA National Championship Regatta last spring. What you may not know is how they got there and how their 9th place finish for the Freshman 8 and the 10th place finish for the Freshman 4 reflect their experience.

The Orange Coast College Men's Novice Team put together a fantastic show of speed and class throughout their Spring Campaign. After dismissing their competition at the WIRA Championship, they were granted an opportunity to race at the ECAC National Championship in Whitney Point, NY.

The opportunity for an East Coast venture was met with focus and confidence. Both the First and Second Novice 8's were seeded first in their respective categories; however, neither boat would have the opportunity to truly distinguish themselves from the field, as the regatta was canceled due to foul weather, minutes before their race start.

With the prospect of ending their season without showing their true potential, mixed with their first taste of scorn for East Coast weather, the Novice crew resolved to gain acceptance into the IRA National Championship, which began in less than three weeks.

Having gained their admittance and seeding, completed their next phase of training, and gathered their last minute travel arrangements, they were off once again for the East Coast.

The IRA Regatta was held on Cooper River in Camden, New Jersey. Coast's return was met with a welcomed excitement from the



regatta participants and organizers. However, the greatest excitement came from the oarsmen themselves; they arrived at the regatta with a top seed and a desire to truly test their speed against the pinnacle of collegiate rowing in America.

The Novice 8 came out of the gates determined to make an impression on the field, finishing second in their heat to the eventual Novice 8 Champions, Cal. They proceeded directly to the semi-final to battle Harvard, Yale, Washington, and Stanford for a spot in the final, coming from behind to finish just seats short of third-place Yale...just the kind of epic racing that Coast envisioned when it entered the regatta. In the petite final, Coast found itself in another great race, finishing third behind Northeastern and Cornell.

Having impressed the coaching staff with their resilience and desire, the Novice 4 came into the IRA showing they desired the opportunity to race for a National Championship. They performed very well

-- coming through the repechage to have an opportunity to make the final, but they came up just short in the semis as they raced from Lane 1. The petite final was extremely competitive, with Coast finishing fourth behind Navy, Grand Valley, and MIT.

IRA, continued on page 2

Novice 8

Bow

Kelly Hughes
Steve Oesterich
Dan Dahlin
Roger Huffman
Bobby Jacobs
James Long-Lerno
Erich Hanxladen

Stroke
Cox

Mike Verdone
Mike Hinderberger

Novice 4

Bow

Dave Northup
Will Prioleau
Marcell Stiffy
Andrew Hilton
Katie Scott

Stroke
Cox



Fall is Busy Time at Coast Boathouse

Here we are midway through the fall semester. Recruiting went well on campus, as we started off with 59 new athletes and 23 returning sophomores. The Novice squad has been launching 4-6 eights each morning while the varsity has been rowing in fours. Everyone is training hard on and off the water. The new fitness complex on campus is state of the art and with expanded operating hours, has allowed more athletes to get their weight and cardio training in. The team is looking forward to competing in the Newport Autumn Rowing Festival Nov. 4th, followed by a road trip to Cal, the next weekend, to work out with the Golden Bears. Dave Grant has met with many of the sophomores to help make sure they are on track to apply and transfer to challenging colleges and universities (preferably east of the Mississippi river!). Harvard, Penn, Cornell, Washington, Cal, and others will be hearing from our athletes.

Several projects are underway around the boathouse. The crew is currently working on our annual Erg-a-thon fundraising effort to raise \$25,000 for travel expenses. The \$4.6 million boathouse renovation project (funded with Measure C money) should get

underway in February '08. The crew hopes to remain at the crew base until May and then relocate to the Newport Aquatic Center. Some shells may remain on site during construction. A second story, over what is now the eights bay, will house an erg & exercise room along with the women's locker room. An eights bay, fours bay, crew work area, sailing workshops, and men's locker room will be located on the lower level. If all goes well, the crew will be able to return in the fall of '09. More information on the renovation will be posted in our website (www.orangecoastcollege.edu/crew) shortly.

We are in the beginning phase of establishing a board of stewards to help organize and run regattas, alumni events, parent participation, fundraising, and other special events. Dave Grant '58 and Reid Hadley '83 have been heading up our efforts to find and update over 1,200 alumni and bring them back to Coast Crew. Our Men's Crew website is expanding, and you will be able to find answers to almost anything to do with OCC Crew. You can now check "crew news" for weekly updates and photos on what is going on around the boathouse and with our alumni. The "scrapbook"

section has been recently added by Dr. Chris Drover '67. It is a digitized version of our hard copy scrapbooks located at the boathouse. 1964 through 1968 are already posted. The crew "history" section will be updated with planned links to individual alumni year web pages. Stan Lackey '74 has set up a link for the alumni pages at www.occ-rowing.com. A major fundraising project is about to be launched to significantly increase the men's crew endowment. With so many projects underway, I encourage your participation in helping Orange Coast College Crew reach its goals. If you have any questions or suggestions, you can contact me through the website or by calling the boathouse at 949-645-3505.



Larry M. Moore '71
Men's Head Crew Coach

GO COAST!

IRA, continued from page 1

The IRA was a representative moment of success and accomplishment for the oarsmen and the program. They showed strength and gall on their road to the National Championship Regatta. They were given the opportunity to experience the height of collegiate rowing competition. And this will serve them well, because they demanded something beyond the normal scope of performance and chased their personal maximum.

Go Coast.

Matt Chapman '04

2007 IRA NATIONAL CHAMPIONSHIP RESULTS

Frosh 8 - Heat

1	California	05:49.633
2	Orange Coast	05:53.580
3	Boston U.	06:02.242
4	George Washington	06:02.857
5	Holy Cross	06:05.826
6	Hobart	06:37.543

Frosh 8 - Semi-Final

1	Harvard	05:40.835
2	Washington	05:40.966
3	Yale	05:47.115
4	Orange Coast	05:48.614
5	Stanford	06:00.718
6	Georgetown	06:08.903

Frosh 8 - Petite Final

1	Northeastern	05:50.417
2	Cornell	05:52.639

3	Orange Coast	05:54.436
4	Stanford	05:59.558
5	George Washington	06:03.231
6	Georgetown	06:06.375

Frosh 4 - Heat

1	Yale	06:37.503
2	George Washington	06:41.885
3	Grand Valley	06:43.517
4	Temple	06:44.905
5	Cornell	06:48.529
6	Orange Coast	06:48.871

Frosh 4 - Repechage

1	George Washington	06:42.094
2	Orange Coast	06:42.644
3	UCLA	06:43.394
4	Wisconsin	06:47.031
5	Michigan	07:12.921

Frosh 4 - Semi-Final

1	Yale	06:34.266
2	Princeton	06:36.752
3	Harvard	06:36.967
4	MIT	06:37.890
5	Orange Coast	06:40.868
6	Temple	06:51.676

Frosh 4 - Petite Final

1	Navy	06:38.445
2	Grand Valley	06:38.571
3	MIT	06:38.748
4	Orange Coast	06:43.997
5	George Washington	06:47.195
6	Temple	06:50.752



Novices Excited about Things to Come

The excitement of a new season has begun -- the cycle of getting in shape and learning to row! For the novice oarsmen, their emotions are like a surging wave: unsure of what they have committed themselves to one moment, anticipation of repeating victories at WIRA Championships, earning a qualifying spot at the ECAC and/or IRA the next. Any seasoned oarsman can remember those feelings!

Campus recruitment was held as usual this year and was supplemented with experienced rowers from Newport Aquatic Center (3), San Diego Rowing Club (2), Bay Area Rowing Clubs (5), Ohio (2), Everett, Washington (2), Long Beach Rowing Club (2), St.

Louis (1). The mixture of solid experience with raw athletic talent should have the makings of some fast Novice boats. We currently have about 45 Novice oarsmen and seven coxswains participating in the Novice program.

The bar has been set pretty high since last year's crew won the Novice 8+, 2nd Novice 8+, and the Novice 4+ at WIRA. They were also poised to win the ECAC before high winds canceled the regatta. The crew then competed at the IRA and received a ninth place finish in the 8+ and tenth place finish in the 4+.

This year's crew has set goals to repeat what last year's crew accomplished, but

would like to be in the finals at the IRA for a chance to win it. To achieve this goal, it's going to take careful planning, determined athletes, solid athletic ability, hard work, and a little luck... or maybe just no bad luck!



Pat Gleason '82
Novice Crew Coach

With the best place in the world to row, the best equipment money can buy, two excellent assistant coaches in Matt Chapman (Rutgers '06) and Danny Johnson (California '06), these athletes have the resources to raise the bar another notch this season. I cannot wait to see what they can do with the opportunity that is ahead of them.

Curtis A. Fleming – Coast's First Olympic Oarsman Striving for Balance

Few rowers have shed more blood, sweat and tears into the waters of Newport Harbor than Curt Fleming '75. That's not a statement meant to diminish anyone else's achievements; that's not Curt's style. But it's worth noting that his rowing career started at Corona del Mar High School in 1970. Although the fledgling high school program lasted only two years, Curt was hooked. He picked it up again at Orange Coast and then transferred to UC Irvine. After college he trained in Newport as an elite level sculler leading up to the '84 Olympics. To this day, Curt continues to row on the Newport bay and can be seen regularly at the Newport Aquatic Center. For the record, that's 37 consecutive years of rowing up and down the Lido Channel.

Curt's rowing today is more about the pure

joy of prying a boat through the water. It is done for exercise and to bring balance in his life. But ask him about his days at Orange Coast or his path to becoming an Olympic sculler in the 1984 quad and his eyes light up. His path is pure Giant Killer.

After finishing at UCI, where former Coast oarsman Bob Newman '66 coached him, Curt took straight to training in the single. He made various trips to Seattle, Boston and New York for Development Camps. Off the water he was helping Dave Grant form a fundraising board and a Foundation at Orange Coast College. By 1981 he won the Regional Championships in the double with John Walker. In '82 he went to Worlds in the double with Charlie Murray and in '83 he won silver at the Pan Am Games with double partner Jim Dietz.

By the summer of 1984 he had not missed a single day on the water in three years. He made his way to the notoriously brutal Selection Camp being run by the legendary Harry Parker. He was cut early and waited on the sidelines for the next group to be cut. He never broke training, and shortly after he and a group of others were cut they formed their own quad and double to compete against Harry's handpicked boats.



Fleming, continued on page 4



Sophs Answer the Opportunity Clock

For almost all of you who read this newsletter you know that OCC men's crew is a special and wonderful program. It seems that every year there is no lack of inspiring or influential news to come out of the boathouse. My name is Daniel Dahlin and this year it is my turn to tell that story. Just two years ago, but what seems now to be an eternity ago, I had just gotten out of the U.S. Army and was beginning my trek towards a new life. I spent my first year at OCC oblivious to the fact that a crew team even existed. I went about my business and strove towards a somewhat shrouded goal, only knowing that education was the key to whatever I wanted to do in the future. Crew fell into my lap the fall of 2006 while walking on campus. There Coach Pat Gleason stopped me and bluntly told me that I should come out the following morning to give rowing a shot, and without knowing it I answered the "opportunity clock" as coach Larry Moore likes to call it.

Fast forward one year and hear I sit typing up a short essay praising the crew experience and illustrating just what crew has done for me. Just a few tangible examples



are: 1) I am applying to several schools this year that in my wildest dreams I never dreamed were possibilities or within my reach. These include Cornell, Harvard, Georgetown, Stanford, and UC Berkeley, all of which offer first rate educations and a chance to row for tier one programs. 2) I have met and befriended some of the best and brightest people that OCC has to offer. The friendships and camaraderie that I have found cannot be overstated in their importance to my growth as a student and a man. 3) Crew has given me a second lease on life in many ways. All too often the news is filled with the tragic stories of returning soldiers suffering from PTSD (post traumatic stress disorder), and I truly believe that if it were not for crew I could be fighting those

very same battles. Instead I have found an outlet to channel all my energy into and have found a bond with brothers who will not let me falter. Finally I believe that crew is the discipline that so many young people lack today. Crew tests, and pushes, anyone involved to their mental limits and to find success requires total sacrifice of self for others -- a message lost all too often and that all members of this crew team will take with them when the time comes to transition to their lives outside school and in the real world.

To close, I really can't overstate the joy and pride that this team and sport has instilled in me. Wherever I go from now until I die I will be part of a strong and proud heritage -- a rich rowing tradition and history that evolved from nothing, which I will always have the pride and elation of saying I was a part of, however brief the time. OCC crew is a special place, and I truly believe that everyone ever involved understands the unique fraternity that this program creates.

"Go Coast"

Dan Dahlin, 2nd year

Fleming, continued from page 3

When they lined up at the starting line to challenge the would-be U.S. National Team quad for the Olympic spot, they had nothing to lose. No one expected them to be close to Harry's boat, and they weren't. Instead, in true Giant Killer fashion, Curt's boat not only beat the other boats, but the margin of victory was large enough to nullify any need for a repechage and he became Coast's first Olympic oarsman.

By the time they arrived at Lake Casitas, expectations weighed heavily on their boat and their speed suffered. Sports psychologists weren't yet in vogue and the four of them couldn't resolve it in time. They found themselves in the Petite Final where, free again from the weight of expectations, they won handily, clocking a time that would

have been Silver in the Grand Final.

Curt and his wife Nancy still live in Newport Beach where he has enjoyed a successful and gratifying career in commercial real estate finance. He strives for balance in his life. While chasing the Olympic dream, he notes that success came from having a singular focus on the goal. It consumed his life for six years and he was eager to let go and move on. Having relied on the charitable support from others to pay for equipment, and trips to training camps and World Championships, he was ready to start providing for himself and his family. Immediately after his Olympic pursuit, he went to work for Grubb & Ellis while he focused his rowing energy on helping put together the Newport Aquatic Center. He knew that

junior rowing programs could thrive if the proper facilities were provided. His act of "paying it forward" has been very effective as the Newport Aquatic Center is one of the finest facilities of its kind.

Today, Curt is Managing Director at Knightsbridge Realty Capital. His success in rowing has translated to his professional life. His gratitude for the support he received in chasing his dream is seen in his support for Coast, UCI and NAC. Thirty-seven years after taking his first stroke in Newport Harbor, Curt Fleming can row past a crew of Coast oarsmen and wonder which one might follow a similar path to his.

Briggs Porter '93



A Time to Help

When you rowed at Coast, there were a number of people who made a great many things possible: new Empacher VIII's, sets of oars, trips to the IRA or the Henley Royal Regatta, or scholarships -- people like Maruja, Richard Berg, Joe Thomas, Jim Warmington. They truly made the program what it is today.



But now we need Rowing Alums to step up and give the Coast Crew some real financial support. Just so you know, the College is generous as it pays the coaches' salaries and repairs and utilities for the boathouse. Any new rowing equipment (an VIII is now \$42,000), any competitive trips (whether by bus, van or plane), any expenses for the crews' food and lodging comes from a very modest rowing endowment, which desperately needs to be enlarged. As it is, the Crew may draw only 5% of its endowment for all its needs during the year. We operate very conservatively.

Let me give you an example: Just to have two overnights at the San Diego Crew Classic (not a lot of travel, nothing like the IRA or Sacramento) by the time we pay entry fees, lodging for 50 athletes, (they pay for most of their own meals), the bill is close to \$6,000.

The number goes up dramatically when the

Coast Crew has to travel, which the sport of rowing in California makes absolutely obligatory.

SO -- we have opened this campaign to raise \$500,000 over the next two years so that the Coast Crew has some security and then we can take rowing at Coast to a whole new level. We can no longer depend upon the support of just a few generous individuals in our past; we need help from you who have benefited from the Coast Crew.

Such support for the Coast Crew Endowment might take the form of (1) A major gift, which could be done in installments if you choose (2) Inclusion of the Coast Crew in your estate planning (3) A gift in memory of someone special to you. Recognition of your very appreciated support will be well documented in the College Boathouse.

As Orange Coast College is a fully registered foundation with the IRS, and holds a 501-C3 certificate, all gifts to the Coast Crew are entirely deductible from your income taxes.

We need you.

I hope you will be amongst the first to give, at any level. Please make your generous gift payable to:

OCC Foundation/Men's Crew

and return in the convenient envelope enclosed with this newsletter.

Meanwhile, as was probably said to you when you left the Coast Boathouse, I wish you: Good health and a staunch appearance, a reasonable income, and strong memories of a youth spent with friends.

David A. Grant '58





Coast Alums: Giant Killers to Giants

When the nation's top collegiate crews assembled on the banks of the Cooper River last May for the IRA championships, it was a proud moment for all associated with Coast Crew. Not only was Coast represented at the prestigious regatta by two crews, but there were several familiar faces guiding the rowing programs from some of the country's most prestigious universities.

Coast, under the guidance of mentors such as Dave Grant, Larry Moore, and Jim Jorgensen, has long produced outstanding college rowing coaches. That was never more evident than at the IRA last season as Stanford, Wisconsin, and Pennsylvania took the water under the watchful eyes of Craig Amerkhanian '77, Chris Clark '79, and Fred Honebein '88.



Chris Clark '79

Amerkhanian has transformed Stanford into a major player on the national scene, Clark oversees Midwestern power Wisconsin, and Honebein is at the helm of Ivy League stalwart Penn. In addition, Dan Allen '88 is in his ninth season as freshman coach at Cornell. Coast's connections don't stop there. Bob Ernst, a center on Orange Coast's undefeated national championship football team in 1963, coached the Washington men's varsity eight to the 2007 national title at the IRA and is beginning his second term as the Huskies' head women's coach while serving as Director of Rowing. Locally, Scott Charette '87 heads up the program at UC Irvine, following in the footsteps of a long line of Coast alums who have coached the Anteaters.

Amerkhanian led Stanford to its best-ever finish last season, as the Cardinal varsity crossed the line in a thrilling dead heat with

the Crimson of Harvard to place second at the IRA behind Washington. "This result could not and would not have occurred without the lessons that I learned while rowing for Coast," said Amerkhanian, who spent nine seasons coaching the frosh at Cal prior to taking over at Stanford.

Cal athletes recruited and coached by Amerkhanian won seven national championships (four varsity, one second varsity, and two frosh). Amerkhanian has also placed numerous athletes on National, Olympic, and the Oxford-Cambridge "Boat Race" teams. Last summer the United States Under-23 National Team eight was stocked with four of his Stanford oarsmen.

"Any success my teams and I have attained over the years have a direct connection to Orange Coast College, Jim Jorgensen, and Dave Grant," said Amerkhanian, who graduated from Cal with a degree in history and then received his master's degree in education. "Efficient and effective training techniques, while maintaining a standard of respect for the team, alumni, and college, are cornerstones of our working culture."

Amerkhanian fondly recalled his days rowing for Coast. "It was an honor to row in the first Head of the Charles entry for Coast Crew in 1977," he said. "Our 1977 team also made it to the Ladies Plate semifinals at Henley that summer. Dave Grant provided us with the facility, equipment, knowledge, and leadership that allowed us to excel. Dave is a powerful presence whose impact cannot be measured with words. His legacy is that of work and deeds. We who have rowed for Coast honor Dave each day we put in an honest day's work. I am fortunate to have rowed for Coast."

Clark, the 2002 EARC and Independent Rowing News Coach of the Year, concurs. "Even though Coast was a long time ago for me, and even though rowing has changed quite a bit in the last 30 years, I still find myself relying on many of the basics I learned during that time. Usually, I thought Larry

was crazy -- I say that with affection. However, the most fundamental and important part of the stroke -- the front end -- he taught me. Any success that my crews have enjoyed is a direct result of those lessons."

Clark's crews have benefited from those lessons. His Wisconsin crews won the IRA's prestigious Ten Eyck trophy, given to the school scoring the most total points in the regatta, four years in a row from 1999 to 2002.

The son of Frank Clark, who taught business at OCC and took countless Coast oarsmen under his wing, Chris Clark attended Stanford for a year before earning his bachelor's degree in political science from Cal and a special diploma in social studies from University College Oxford. He maintains that the lessons he learned from Dave Grant extended far from the water. "Dave, in many ways, was on a completely different level as a coach, as an administrator, as a fundraiser, and as a mentor than nearly anyone I have ever encountered in rowing," he said. "Being married with children and running a large program in the Midwest keeps me pretty occupied, so I do not stay in very good touch, but believe me, Dave was and is a treasure who should be honored and respected forever."

Like Amerkhanian and Clark, Honebein reflected on his time at Coast and credited it with much of his success. "I always respected the coaching I got at Coast from Dave and Jim. The Coast experience propelled me into adulthood and responsibility," he said. Honebein, who received his bachelor's degree in history from Cal, elaborated. "It enabled me to transfer to a school I normally wouldn't have considered when I graduated from



Craig Amerkhanian '77



high school. Coast gave me that second chance. It all played a part in my ability to move on as a student athlete and then as a coach."

Taking full advantage of the opportunities afforded him, Honebein became a mainstay on the U.S. National Team. He captained the U.S. eight-oared crew from 1993 to 1996, bringing home a gold medal from the 1994 World Championships, bronze medals from the 1993 and 1995 World Championships, and finishing fifth at the 1996 Olympic Games in Atlanta. For his efforts, he was named U.S. Rowing Athlete of the Year in 1995.

Honebein is in his second season heading up the Penn program after stints as

the frosh coach at Washington and head coach at Oregon State. His freshman crews at Washington won two IRA championships, and he was glad to see Coast return to the regatta last season. "It was scary seeing the Coast freshmen ahead of our guys, but it's great to see Coast on the verge of a breakthrough again."

Looking back, Honebein sees some similarities between the 1988 Coast team and this



Fred Honebein '88

year's crew. "We went back to the IRA as freshmen and thought we were great. We came in eighth and came back fired up as sophomores. That was the turning point for the JV boat the next year." That crew went on to become the first Coast JV to win the San Diego Crew Classic and the effort paid off with an invitation to the Henley Royal Regatta.

If past is prologue, the entire Coast Crew family can look forward to more proud moments when the 2008 spring racing season rolls around as oarsmen from Newport to Palo Alto and from Madison to Philadelphia reap the benefits of the Coast Crew experience.

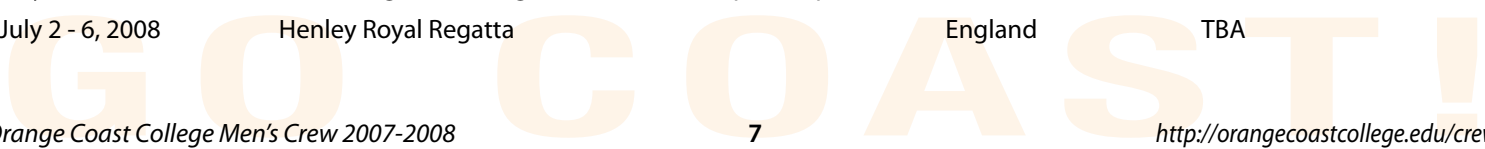
Lee Miller '81



2007-08 Orange Coast College Men's Crew Schedule

PROVISIONAL SCHEDULE

DATE	EVENT	LOCATION	TIME
Nov 4, 2007	Newport Autumn Rowing Festival	Newport	Sunday 8am
Nov 9 & 10, 2007	Practice UC Berkeley	Cal Berkeley	Friday & Saturday
Dec 1, 2007	Newport Sprints - OCC, UCI & NAC	Newport Beach	Saturday 7:30am
Feb 2, 2008	Practice UC Irvine	Newport Beach	Saturday
Feb 9, 2008	Practice UCLA	Balona Creek	Saturday
Mar 1 & 2, 2008	Alumni weekend	Newport Beach	Sunday 10:30am racing
Mar 15, 2008	UCSD, Gonzaga, USD & OCC	Mission Bay	TBD
Mar 29 & 30, 2008	Windemere Invitational	Redwood Shores	Sat am & pm & Sun am
April 5 & 6, 2008	San Diego Crew Classic	Mission Bay	7am both days
April 12, 2008	OCC vs UCI & CSULB	Newport Beach	7:30am
April 19, 2008	Newport Regatta - OCC, UCI, UCSD, UCLA, USD, & USC	Newport Beach	7:30am
May 3 & 4, 2008	Western Intercollegiate Rowing Championships	Sacramento	Sat am & pm & Sun am
May 17 & 18, 2008	ECAC Championships	TBD	TBA
May 29 - 31, 2008	Intercollegiate Rowing Association Championships	TBD	TBA
July 2 - 6, 2008	Henley Royal Regatta	England	TBA



Alumni Weekend 2008



Crab Cooker and Joe's Crab Shack!

ALL ALUMNI are invited and strongly encouraged to attend the banquet to hear about the boathouse renovation and this year's exciting crew. We will need a head count, so please go to our web site at www.orangecoastcollege.edu/crew and register for this great event. Make sure you give us your email address and we will promptly acknowledge your reservation. The dinner will be catered and the cost per person is \$50.00. Make checks payable to: OCC Foundation/Men's Crew and mail to: Orange Coast College Men's Crew, c/o Karen Prioleau, 1801 W. Pacific Coast Highway, Newport Beach, CA 92663. Please



Orange Coast College has changed a lot since most of you were here. Alumni Weekend 2008 is your chance to take a walk back in time and see how much the campus has changed. Due to possible boathouse improvements and parking lot closure, the Alumni Dinner will be held at 6:30 p.m. on Saturday, March 1, in the beautiful new campus Fitness Complex, located between the baseball and football fields on Monitor Way off of Fairview Road. Current oarsmen will be on hand to give early arrivals a quick campus tour.

We will be honoring the crews from 1958, 1968, 1978, 1988, and 1998, which should lead to some great tales of when "iron men rowed in wooden shells" and where victories are now much greater, defeats much closer, and the only crabs caught are at the

RSVP online by February 1, 2008. If you have further questions, contact Karen at (714) 432-0202, Ext 26243, or email her at Karen@prioleau.com.

Traditional alumni "racing" will take place Sunday, March 2, at 10:30 a.m. Check the Coast Crew website as the event approaches for the location of the races. READY ALL...

<http://orangecoastcollege.edu/crew>

2007 Newport Autumn Rowing Festival

The 2007 Newport Autumn Rowing Festival was a great success for the OCC Men. The Men's Open Eight category had twenty-eight entries. The Coast "A" boat finished the 2.5 mile course in 14:59 to take second place behind Stanford University's 14:55. The Coast "B" boat finished eleventh in a time of 15:53. You can find all

the results by going to the link www.rowingfestival.com. In the Men's Frosh/Novice Eight, Stanford University won in a time of 15:38 followed by the second place Coast "A" boat with a time of 15:48 and third place Coast "B" with a time of 16:50. Coast "C" was seventh 17:16. Coast "D" was fifteenth after breaking a rigger half way through the race and finished with six men rowing in a time of 19:16. There were nineteen entries in this event. Over all the oarsmen felt good about their performance and look forward to traveling to the Bay Area November 9 & 10 to work out with the Golden Bears. These two week ends will give us a good measure of where we stand in our fall training.