



Author

Categories Grill

Tools

Locations STUDENT CENTER CAFE

Plate/Store

Yield 10.5 oz

Portion 10.5 oz

Num Portions 1

Prep

Cook

Finish

Shelf

Nutrition Facts

Serving Size 10.5 oz (298g)

Servings Per Container 1

Amount Per Serving

Calories 756 **Calories From Fat** 525

% Daily Value

Total Fat 58g 87%

Saturated Fat 12g 54%

Cholesterol 26mg 9%

Sodium 539mg 22%

Total Carbohydrates 47g 16%

Dietary Fiber 6g 25%

Protein 12g

Vitamin A 9% Vitamin C 41%

Calcium 10% Iron 13%

* Percent Daily Values are based on a 2000 calorie diet.

Nutrition Descriptors

High in Vitamin C

High in Fiber

High in Protein

Good Source of Calcium

Good Source of Iron

Good Source of Carbohydrates

Ingredients

FRENCH FRIES 5/16, CHILI CAN W/BEAN, JACK/CHEDDAR SHREDDED, OIL LIQ FRY