



**Author**

**Categories** BREAKFAST

**Tools**

**Locations** STUDENT CENTER CAFE

**Plate/Store**

<b>Yield</b>	9.75	oz	<b>Prep</b>
<b>Portion</b>	9.75	oz	<b>Cook</b>
<b>Num Portions</b>	1		<b>Finish</b>
			<b>Shelf</b>

<b>Nutrition Facts</b>	
Serving Size	9.8 oz (276g)
Servings Per Container	1
Amount Per Serving	
<b>Calories</b> 702	Calories From Fat 371
% Daily Value	
<b>Total Fat</b> 41g	62%
Saturated Fat 22g	97%
<b>Cholesterol</b> 347mg	116%
<b>Sodium</b> 2411mg	100%
<b>Total Carbohydrates</b> 41g	14%
Dietary Fiber 2g	9%
<b>Protein</b> 39g	
Vitamin A 29%	Vitamin C 0%
Calcium 51%	Iron 36%
* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrition Descriptors**

High in Vitamin A  
High in Calcium  
High in Potassium  
High in Iron  
High in Protein  
Good Source of Carbohydrates

**Ingredients**

American cheese, SOURDOUGH, EGG, PORK BACON CANADIAN, BUTTER