



**Author**

**Categories** Grill

**Tools**

**Locations** STUDENT CENTER CAFE

**Plate/Store**

<b>Yield</b>	6	oz	<b>Prep</b>
<b>Portion</b>	6	oz	<b>Cook</b>
<b>Num Portions</b>	1		<b>Finish</b>
			<b>Shelf</b>

<b>Nutrition Facts</b>	
Serving Size	6 oz (170g)
Servings Per Container	1
Amount Per Serving	
<b>Calories</b> 380	Calories From Fat 199
% Daily Value	
<b>Total Fat</b> 22g	33%
Saturated Fat 3g	15%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 39mg	2%
<b>Total Carbohydrates</b> 42g	14%
Dietary Fiber 3g	14%
<b>Protein</b> 4g	
Vitamin A 0%	Vitamin C 49%
Calcium 2%	Iron 6%
* Percent Daily Values are based on a 2000 calorie diet.	

**Nutrition Descriptors**

Sugar Free  
Cholesterol Free  
Low Sodium  
High in Vitamin C  
Good Source of Carbohydrates  
Good Source of Fiber

**Ingredients**

FRENCH FRIES 5/16, OIL LIQ FRY