



Author

Categories Grill, Sandwiches, Vegetarian

Tools

Locations STUDENT CENTER CAFE

Plate/Store

Yield	7.5	oz	Prep
Portion	7.5	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size 7.5 oz (213g)	
Servings Per Container 1	
Amount Per Serving	
Calories 325	Calories From Fat 62
% Daily Value	
Total Fat 7g	10%
Saturated Fat 1g	5%
Cholesterol 0mg	0%
Sodium 1081mg	45%
Total Carbohydrates 42g	14%
Dietary Fiber 7g	31%
Protein 25g	
Vitamin A 22%	Vitamin C 13%
Calcium 14%	Iron 23%
* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

Cholesterol Free
High in Vitamin A
High in Iron
High in Fiber
High in Protein
Good Source of Vitamin C
Good Source of Calcium
Good Source of Carbohydrates

Ingredients

GARDEN BURGERS, BUN HAMBURGER, PICKLE DILL SPR 300/320, TOMATO LOOSE MED, LETTUCE GREEN LEAF, RED ONIONS