



Author

Categories BREAKFAST

Tools

Locations STUDENT CENTER CAFE

Plate/Store

Yield	9	oz	Prep
Portion	9	oz	Cook
Num Portions	1		Finish
			Shelf

Nutrition Facts	
Serving Size	9 oz (255g)
Servings Per Container	1
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Amount Per Serving	
Calories 475	Calories From Fat 281
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% Daily Value	
Total Fat 31g	47%
Saturated Fat 13g	61%
Cholesterol 523mg	174%
Sodium 514mg	21%
Total Carbohydrates 26g	9%
Dietary Fiber 6g	25%
Protein 18g	
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Vitamin A 26%	Vitamin C 4%
Calcium 6%	Iron 23%
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* Percent Daily Values are based on a 2000 calorie diet.	

Nutrition Descriptors

High in Vitamin A
High in Iron
High in Fiber
High in Protein

Ingredients

EGG, WATER, SOURDOUGH, DEHIDRATED HASHBRN, BUTTER, JELLY ASST SMUCKER, BUTTER 30/1#, OIL VEGETABLE, SALT EVAP PLAIN UNIPRO, PEPPER BLK GRND