

ORANGE COAST COLLEGE CHILDREN'S CENTER MENU

Week: August 13-16, 2019

Cycle IV	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cereal Oranges Milk	French Toast (D, E) Cantaloupe Milk	Banana Cream of Wheat (D) Honeydew Milk	Egg & Toast (E) Apples Milk	Waffles Bananas Milk
Lunch	Beef Spaghetti Green Beans Apples Milk	Egg Salad Sandwich (E, WG) Carrot Sticks Pears Milk	Turkey, Bean & Cheese Burritos (T, CH) Corn Banana Milk	Veggie Chili Cornbread Broccoli Nectarines Milk	Fish Sticks (F) Roll Sugar Snap Peas Melon Mix Milk
Snack	Cheese-it Crackers (D) Pears Water	Cheese (CH) Saltines Water	Ritz Crackers (D) Oranges Water	Pretzel Mix Cucumbers Water	Graham Crackers Apple Sauce Water



The USDA is an equal opportunity provider and employer. Menus subject to change without notice.

Symbols: (B) Beef (C) Chicken (F) Fish (P) Pork (T) Turkey (V) Vegetarian (CH) Cheese (E) Egg (D) Dairy

Our non-discrimination policy: In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age or disability.

ALLERGY INFORMATION: Manufactured on Equipment that may process food items that contain nuts or seeds.

ALL ITEMS PREPARED BY THE CHILDREN'S CENTER (Summer Semester)

****Whole Milk served to Children under 2 years / 1% Milk served to children 2 and up****