

# ORANGE COAST COLLEGE STUDENT HEALTH SERVICE

714-432-5808

## MENTAL HEALTH REFERRALS

### 24 HOUR EMERGENCY HOTLINES (Thoughts of harming oneself or others)

#### NATIONAL SUICIDE PREVENTION LIFELINE

800-273-8255  
Spanish 888-628-9454  
Deaf/Hard of Hearing 800-799-4889  
suicidepreventionlifeline.org Online chat available

#### DIDI HIRSCH SUICIDE PREVENTION HOTLINE

877-727-4747 English/Spanish 24/7  
Vietnamese/Korean 4:30pm-12:30am

#### SUICIDE HOTLINE OF SOUTHERN CALIFORNIA

714-894-4242 9am-9pm

#### VETERANS CRISIS LINE

800-273-8255 Press 1 or Text 838255

#### CRISIS TEXT LINE

Text "START" to 741741 [crisistextline.org](http://crisistextline.org)

#### WARM LINE

877-910-9276 M-F 9am-3am, Sat/Sun 10am-3am  
[namioc.org](http://namioc.org) Online chat available

#### CALIFORNIA YOUTH CRISIS LINE

800-843-5200 [calyouth.org](http://calyouth.org) Online chat available

#### CRISIS STABILIZATION UNIT (CSU)

1030 W. Warner, Santa Ana 714-834-6900

#### SOCIAL SERVICES REFERRALS 211

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## MENTAL HEALTH SERVICES

#### CASA DE LA FAMILIA

1650 E. 4th St, Ste 101, Santa Ana  
213-413-7777 24 hour hotline  
Low-cost therapy, Support groups

#### CATHOLIC CHARITIES COUNSELING CENTER

1800 E. 17th St, Santa Ana  
714-347-9674 [ccoc.org](http://ccoc.org)  
Cal Fresh, Food Distribution, Immigration Info, Sliding

#### STRAIGHT TALK

3785 S Plaza Dr, Santa Ana  
714-828-2000 Sliding scale, Individual, Couples, Families

#### CALIFORNIA FAMILY INSTITUTE

2900 Bristol Ave. Suite C-208, Costa Mesa  
949-381-1510 Sliding scale

#### TURNING POINT CENTER FOR FAMILIES

3151 Airway Ave, Ste F206A, Costa Mesa  
714-547-8111 Sliding scale, Individual, Couples, Families

#### FRANCIS SMITH CENTER FOR INDIVIDUAL & FAMILY THERAPY

501 W. Palm Ave, Orange (Corner N. Glassell & Palm Ave)  
714-997-6746 Sliding scale (\$15-60)

#### LIVING SUCCESS CENTER

445 E 17th St, Stes D-E, Costa Mesa  
949-645-4723 Sliding scale, Individuals, Families, Groups

#### MARIPOSA WOMEN'S CENTER

812 Town & Country Rd, Ste C, Orange  
29222 Rancho Viejo Rd, San Juan Capistrano  
714-547-6494 Sliding scale, Adolescents, Couples, Groups,  
Family & Women programs

#### PEPPERDINE COMMUNITY COUNSELING CENTER

18111 Von Karman, Ste 401, Irvine  
949-223-2570 Sliding scale

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## REGIONAL MENTAL HEALTH TEAMS (All have 24 hour answering machines)

Sliding scale, Medications, Psychiatry

#### EAST COUNTY

1200 N. Main St, Ste 201, Santa Ana  
714-480-6767 Vietnamese & Spanish

#### SOUTH COUNTY

5 Mareblu, 2nd Floor, Aliso Viejo 949-643-6901  
23228 Madero, Mission Viejo 949-454-3940

#### NORTH COUNTY

2035 E. Ball Rd, #200, Anaheim  
714-517-6300

#### WEST COUNTY

14140 Beach Blvd, #223, Westminster  
714-896-7566

## GAY & LESBIAN COMMUNITY SERVICES

### THE LGBT CENTER ORANGE COUNTY

1605 N. Spurgeon St, Santa Ana  
305 E. 4th St, Santa Ana  
714-953-5428 [lgbtcenteroc.org](http://lgbtcenteroc.org)  
Sliding scale for counseling, Free HIV testing

### TREVOR LINE

24 hour Crisis Hotline for Youth (under 25)  
866-488-7386  
Chat: [thetrevorproject.org](http://thetrevorproject.org) Everyday 12-7pm  
Text: 202-304-1200 M-F 12-7pm

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## ALCOHOL AND DRUG PROGRAM SERVICES

### ALCOHOLICS ANONYMOUS

[oc-aa.org](http://oc-aa.org)

714-556-4555 Santa Ana  
949-582-2697 Mission Viejo  
714-773-4357 Fullerton

### ADULT CHILDREN OF ALCOHOLICS

310-534-1815 [adultchildren.org](http://adultchildren.org)

### AL-ANON/AL-A-TEEN

[al-anon.org](http://al-anon.org)

714-748-1113 [orangecountyalanon.org](http://orangecountyalanon.org)  
Groups

### COCAINE ANONYMOUS

949-650-1011 [ca.org](http://ca.org) or [occa.info](http://occa.info)

### MARIJUANA ANONYMOUS

714-999-9409 [marijuana-anonymous.org](http://marijuana-anonymous.org)  
12 Step

### NARCOTICS ANONYMOUS

714-590-2388 [na.org](http://na.org) or [orangecountyna.org](http://orangecountyna.org)

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## DOMESTIC VIOLENCE AND SEXUAL ASSAULT SERVICES

### DOMESTIC VIOLENCE HOTLINE

800-799-7233 or 800-787-3224 (TDD)  
[ncadv.org](http://ncadv.org) or [thehotline.org](http://thehotline.org)

### HUMAN OPTIONS

1901 Newport Blvd, Ste 240, Costa Mesa  
949-757-3635 [humanoptions.org](http://humanoptions.org)  
877-854-3594 24 hour Hotline  
For battered families, 30 day shelter, Counseling, Groups, Legal

### RAPE CRISIS/SEXUAL ASSAULT 24 HR HOTLINE

714-957-2737 [rainn.org](http://rainn.org)

### RESTRAINING ORDER

714-935-7956

### OC CHILD ABUSE REGISTRY

24 hour Hotline to Report  
714-940-1000 or 800-207-4464

### NATIONAL CHILD ABUSE HOTLINE

800-422-4453 [childhelp.org](http://childhelp.org)

### INTERVAL HOUSE

714-891-8121 [intervalhouse.org](http://intervalhouse.org)  
Domestic violence/Human trafficking, Crisis, Counseling,  
Legal, Shelter

### WOMEN'S TRANSITIONAL LIVING CENTER

714-992-1931 [wtlc.org](http://wtlc.org)  
24 hour Bilingual Hotline: 877-531-5522  
Domestic violence/Human trafficking, Counseling, Groups,  
Legal, LGBTQ, Shelter

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## TWELVE STEP PROGRAMS

### ADULT CHILDREN OF ALCOHOLICS

562-595-7831 [adultchildren.org](http://adultchildren.org)

### CO-DEPENDENTS ANONYMOUS

[socalcoda.org](http://socalcoda.org)

### NICOTINE ANONYMOUS

800-642-0666 [nicotine-anonymous.org](http://nicotine-anonymous.org)

### OVEREATERS ANONYMOUS

505-891-2664 [oa.org](http://oa.org)

### SEXAHOLICS ANONYMOUS

310-491-8845 [sasocal.org](http://sasocal.org)

### SMART RECOVERY

866-951-5357 [smartrecovery.org](http://smartrecovery.org)

### TOPS (Take Off Pounds Sensibly)

800-932-8677 [tops.org](http://tops.org)

## OTHER RESOURCES

### ELDER CARE SERVICE FINDER

800-677-1116 M-F 6am-5pm  
[eldercare.gov](http://eldercare.gov)

### HB YOUTH SHELTERS (Ages 11-17)

714-842-6600 [cspinc.org](http://cspinc.org)

### WISE PLACE FOR WOMEN

1411 N. Broadway, Santa Ana  
714-542-3577 [wiseplace.org](http://wiseplace.org)  
Shelter, Meals, Job Assistance

### VICTIM WITNESS ASSISTANCE

714-834-4350