



MATH SUCCESS SERIES:

- *Would you like to understand what your math book is telling you?*
- *Has Math Anxiety and Test Anxiety held you back from your goals?*
- *The Math Success Series is intended to give students tools that can help propel them to success.*

WEDNESDAYS 2-3 PM

THURSDAYS 12-1 PM

HOW TO DECODE YOUR MATH TEXTBOOK

9/18, 9/19: Reading through your math textbook is a hurdle we can help you jump. We will discuss the breakdown of a math textbook as well as strategies that can help you get ahead in your math book and in class.

HOW TO STUDY FOR MATH TESTS

9/25, 9/26: Having a difficult time studying for your math exam? Not sure what to focus on? In this workshop, we will go over several techniques to help make you confident for your math exam.

FREE ONLINE MATH RESOURCES

10/2, 10/3: This is the era of internet and you have access to a wealth of knowledge at your fingertips. This workshop gives a tutorial of a few free online math resources that can help expand your math studies.

TIPS FOR DEALING WITH MATH ANXIETY

10/9, 10/10: Does your math class make your hair stand on end? In this workshop we will discuss some tools and tips that can help you overcome your math anxiety.

SEMINAR LEADER

Michael Oquist: Michael is the Instructional Associate in the math area of the Student Success Center. He graduated from OCC in 2016, then from UC Irvine with a degree in Pure Mathematics. He has been with the Success Center since 2014, beginning his journey as a math tutor.



Inquire @ the **Student Success Center (C&L 103)**
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