# College Success Series:
## Starting Strong in the Spring

**Tuesdays 1-2**  
**Wednesdays 2-3**  
**Fridays 12-1**

### A Student’s Guide to Time Management  
Week of 2/11, 2/12, 2/14: Never have enough time for studying? Learn how you can balance work, college, and family obligations with strategies for scheduling and goal setting. Presenter: Scott C.

### Online Learning—Truths and Myths  
Week of 2/18, 2/19, 2/21: Thinking about taking an online class? This workshop will give you tips and strategies for taking online courses. Presenter: Eric Wilson

### Taking Better Notes  
Week of 2/25, 2/26, 2/28  
Messy notes? Not sure what to write down? Write down everything? Explore different techniques, apps, and strategies for taking better, more efficient notes. Presenter: Scott Cleveland

### How to Study More Effectively  
Week of 3/3, 3/4, 3/6: Has studying for your classes driving you crazy? Learn some effective study techniques along with some helpful tips for overcoming procrastination, so you can get the most out of your study time. Presenter: Scott Cleveland

### Preparing for Mid-Terms  
Week of 3/10, 3/11, 3/13: Mid-terms are just around the corner! Learn how to prepare for your mid-term exams, and strategies for managing test anxiety. Presenter: Scott Cleveland

### Learning Styles: What Type of Learner Are You?  
Week of 3/17 & 3/18 ONLY: Do you usually remember what you see? What you hear? Do you learn best with a “hands-on” approach? Learn about different study techniques that are tailored to your learning style. Presenter: Jaki Kamphuis

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**Seminar Leaders**  
**Scott Cleveland**: Scott has been a tutor for the Success Center for seven years. He graduated from OCC in 2013 and later from CSUF with a degree in History and American Studies.  
**Eric Wilson**: Eric has worked multiple roles in Online Learning at OCC for 18 years. He has a MS Ed, and MBA, and is currently working on his doctorate.  
**Jaki Kamphuis**: Professor Kamphuis is the Coordinator of the Student Success Center and has helped students be successful in college for over 20 years. She has a M.A. in Psychology.

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Individual appointments are also available!  
Inquire @ the Student Success Center (C&L 103)  
(714) 432-5559  www.orangecoastcollege.edu/successctr